

### Toolkit Activity 26: Draw understanding

Activity title	Personal SWOT analysis
Aim	The aim of this activity is to analyse the mentee's skills and competencies and mark any weak sports they have.
Related to subchapter	5.3: Integrated Guidance After COVID – What Did We Learn? (Be as communicative as possible)
Group / Individual activity	Individual activity
Duration	45 min
Online / Offline activity	Offline or online activity
Materials needed	Different images (examples here)

#### Step-by-step instructions:

1. Divide participants into pairs and ask them to sit back to back.
2. Give one member of the pair a picture which must not be shown to their partner.
3. The person with the picture must give instructions to their partner so that they can draw it, but must not say what it is, e.g. 'draw a circle, draw two more circles inside the circle about half way up'.
4. Compare the drawing with the original.
5. Hand out more pictures and ask participants to swap roles.
6. The person with the picture can give instructions in a similar manner as in part 1 but this time the person drawing can ask yes/no questions and the person with the picture can watch as they draw. Half the group can begin by telling the person what the object is.
7. **Evaluation – reflection:**
  - Did it help to be able to ask questions?
  - Did it help to know what the object is ...your clear goal?
  - Relate this process back to communicating with mentees. →Is your message always clear? Is there a channel to give and receive feedback? What might affect the message?

**Take-away message:** This activity aims to help the participants understand how important communication is in a mentor-mentee relationship. The mentees need to be able to ask questions when they don't understand something or when something is not clear to them. Also, there is the need to establish a safe environment in which the mentees feel that they interact in an equal manner with their mentor.

Draw understanding activity

